

The Pembrokeshire Coast Path - a National Trail

The path covers 186 miles (299km) of outstanding coastal landscape in the Pembrokeshire Coast National Park, from St Dogmaels in the north to Amroth in the south. It's one of 16 National Trails in England and Wales. These are premier long-distance walking routes, all waymarked by the acorn symbol. The National Trail is managed by the National Park Authority, using funding from the Countryside Council for Wales.

Further information

The National Park operates three Information Centres which sell maps, guidebooks, leaflets and an accommodation guide for Coast Path walkers. Centres are located at:

Newport Bank Cottages, Long Street (01239) 820912

St Davids Oriel y Parc (01437) 720392

Tenby South Parade (01834) 845040

All written enquiries should be addressed to:

Pembrokeshire Coast National Park Authority
Llanion Park
Pembroke Dock
Pembrokeshire
SA72 6DY

Tel: 0845 345 7275

E-mail: pcnp@pembrokeshirecoast.org.uk

www.pembrokeshirecoast.org.uk

Visit www.nt.pcnpa.org.uk for further information on the National Trail.

There are also Tourist Information Centres in Cardigan, Fishguard, Goodwick, Haverfordwest, Milford Haven, Pembroke, Pembroke Dock, Tenby and Saundersfoot.

Coast Path safety code

Take great care when using the Coast Path - it is rugged, natural terrain.

- ◆ Keep to the Path, away from cliff edges and overhangs.
- ◆ Walking surfaces can vary considerably with the weather. Always wear strong shoes or boots with a good grip.
- ◆ Always supervise children, especially near cliff edges and roads.
- ◆ Keep dogs under **close** control.
- ◆ Cliff top walking in high winds or poor visibility can be dangerous.
- ◆ Wear or carry warm and waterproof clothing, especially out of season.
- ◆ The Coast Path is managed for walkers; it is not safe or lawful to cycle or ride horses along most of the Coast Path.
- ◆ Ask advice - for coastal conditions phone the Coastguard on 01646 690909. For Path information phone the National Park Authority on 0845 345 7275.
- ◆ In emergency phone 999 for Coastguard.
- ◆ Note that mobile phone coverage is unreliable on the coast.



Pembrokeshire Coast National Park Authority 2012

Pembrokeshire Coast Path National Trail MILEAGE



